

AQVA PROGRAMME

Over one, two or three days you have the chance to experience and combine some thermal techniques to the manipulative and relaxing power of our massages.

AQVA WELLNESS 3 days	85 min. 60 min. 100 min.	200€
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1st Day - Thermal circuit (60') | Shower with general massage (25')

2nd Day - AQVA Deep (40') | Facial massage (20')

3rd Day - Thermal circuit (60') | Relaxation massage (40')

AQVA THERMAL 3 days	85 min. 55 min. 100 min.	180€
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1st Day - Thermal circuit (60') | Shower with general massage (25')

2nd Day - Automatic Hydromassage Bathtub (15') | General Relaxation Massage (40')

3rd Day - Thermal circuit (60') | Localized hot stone massage (40')

AQVA TOTAL 2 days	130 min. 60 min.	150€
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1st Day - Thermal circuit (60') | Body Exfoliation and Hydration (50') | Localized relaxation massage (20')

2nd Day - Emanatory (10') | Deep Hydration Cosmetic Facial Treatment (50')

AQVA LIFE 2 days	55 min. 85 min.	125€
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1º Dia - Banheira c/ hidro. auto. (15') | Massagem relaxamento local (20') | Massagem facial (20')

2º Dia - Circuito termal (60') | Duche com massagem geral (25')

AQVA BREAK	85 min.	60€
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Thermal circuit (60') | Shower with general massage (25')

AQVA ENERGY	40 min.	45€
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Automatic hydromassage bathtub (15') | Shower with general massage (25')

AQVA THERMAL CIRCUIT	60 min.	25€
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Dynamic Pool | Jet Shower | Sauna | Emanatory

AQVA THERMAL CIRCUIT kids (from 5 to 15 years)	60 min.	10€
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Dynamic Pool

AQVA NIGHT (seasonal programme)	60 min.	20€
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Dynamic Pool | Sauna | Emanatory

AQVA & SIGNATURE

PREMIUM	90 min.
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Double Jacuzzi (20') | Relaxation Massage (60') | Tea Ritual (10')

135€

A sensory journey for two that combines the tranquility of a thermal water jacuzzi bath followed by relaxing massages. It culminates with a tea and aromatherapy ritual in a moment of pure pleasure and relaxation.

YOU&ME	65 min.
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Double Bathtub (15') | Relaxing Massage (50')

120€

Relaxation programme where you can share a double bathtub thermal water bath, followed by body and face relaxing massages.

DEEP	40 min.
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Moist Heat (10') | Deep and Relaxing Massage (30')

60€

Application of moist heat combined with stretching techniques and massages that allow you to decompress and release physical and emotional tensions.

AQVA & BODY

MASSAGES

General relaxation massage for two 40 min.

90€

Relaxation massage 40 min.

60€

General relaxation massage 40 min.

55€

Localized relaxation massage - column 20 min.

30€

Body massages that provide a deep sense of relaxation and comfort.

Localized hot stone massage (column) 40 min.

55€

Body massage made with heated volcanic stones that provide muscle relaxation and vital balance.

BODY COSMETIC TREATMENT

Body Exfoliation and Hydration 50 min.

50€

Gentle exfoliation treatment to remove dead cells leaving the body's skin smooth and velvety.